

STUDY READY TUESDAYS

An extensive range of events to equip our students with the knowledge and skills to have a successful University experience and to reach their full potential. Sessions will be delivered either remotely held or in person, depending on circumstances.

Tuesday 22 Sept

Wednesday 23rd 2-3pm 'Ask a Buddy'. Your chance to ask one of our student buddy mentors who has, 'been there done that' for advice. Remote call on Teams

Tuesday 29 Sept

11-12noon Pitstop: Resilience - How to keep going during the hard times

Wednesday 30th 2-3pm 'Ask a Buddy'. Your chance to ask one of our student buddy mentors who has, 'been there done that' for advice. Remote call on Teams

Tuesday 06 Oct

11-12noon Pitstop: Goal setting - set targeted goals to keep yourself focussed

Wednesday 07th 2-3pm 'Ask a Buddy'. Your chance to ask one of our student buddy mentors who has, 'been there done that' for advice. Remote call on Teams

Tuesday 13 Oct

Wednesday 14th 2-3pm 'Ask a Buddy'. Your chance to ask one of our student buddy mentors who has, 'been there done that' for advice. Remote call on Teams

Tuesday 20 Oct

Wednesday 21th 2-3pm 'Ask a Buddy'. Your chance to ask one of our student buddy mentors who has, 'been there done that' for advice. Remote call on Teams

Tuesday 27 Oct

Half Term (Study week 6)



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Tuesday 03 Nov

12.30-1pm Library Session 6 (30 mins)
Critical reading, writing and thinking

11-12noon Pitstop: Time management - make time work for you

<u>Wednesday 04th</u> 2-3pm 'Ask a Buddy'. Your chance to ask one of our student buddy mentors who has, 'been there done that' for advice. Remote call on Teams

Tuesday 10 Nov

11-12noon Pitstop: Procrastination - learning how to do it today rather then tomorrow

Tuesday 17 Nov

11-12noon Pitstop: Constructive team-working How to work efficiently within teams

Tuesday 24 Nov

11-12noon Pitstop: Self-reflection

How to use what you know about yourself to move forward

10-12noon Study booster 1

Stats support drop in sessions in the HE hub

Tuesday 01 Dec

10-12noon Study booster 2

Making a start on your dissertation

Stats support drop in sessions in the HE hub

10-12noon Study booster 3

Tuesday 08 Dec

Writing your literature review

Stats support drop in sessions in the HE hub